

Vedanta Center

Of Greater Washington, DC

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FEBRUARY 2018

Sunday Lecture: 11 AM

4 Meditation Retreat

See under Special Programs

11 Swami Brahmarupananda

The Sage of Steady Wisdom X

18 Lecture canceled for Sri Ramakrishna Puja

See under Special Programs

25 Swami Chidbrahmananda

Goddess

Ram Nam

Ram Nam will be held at the Center on **Saturday February 3** at 7:30 pm, immediately after evening arati and meditation. All are invited to stay for a vegetarian potluck dinner following the program.

Friday Class 8:00 PM

2 *Gospel of Sri Ramakrishna*

9 *Bhagavad Gita*

16 *Gospel of Sri Ramakrishna*

23 *Life of Holy Mother*

Wednesday Class 8:00 PM

Vivekacudamani

Special Programs

4 Meditation Retreat

10-10:45 am: 1. Readings and meditation

10:45-11 am: Tea and coffee break

11-11:45 am: 2. Readings and meditation

11:45 am-12:30 pm: Reflection/ reading

12:30-1 pm: Lunch

1-1:45 pm: 3. Readings and meditation

14 Shiva Ratri

7:30 pm: Singing of 108 names of Shiva, followed by a short worship, offerings, and prasad

18 Sri Ramakrishna Puja

11:00 am–12 noon: Puja & bhajans

12 noon–12:30 pm: Flower offering & arati

12:30 pm: Prasad lunch

Vedanta Medical Clinic

The Vedanta Medical Clinic offers free medical services to all, regardless of income level, insurance coverage, or immigration status. Hours of operation are Wednesday morning, 9 am to 12 noon, and Sunday afternoon, 2 to 5 pm. To make an appointment, please call 240-516-6726.

Social Service

The Vedanta Center participates in a volunteer program at Shepherd's Table in Silver Spring. Please let us know if you would like to take part. Service is on the third Friday of the month.

Karma Yoga

We invite you to join us Saturday mornings from 9 AM to 1 PM in performing various weekly chores of the center: maintenance, gardening and landscaping, cleaning, office work, etc.

Grocery Gift Cards

We urge all of you to take part in our gift card program. Gift cards for Giant, Shopper's, and Lotte/Assi Plaza may be purchased at the Center following the Sunday lecture or during visiting hours, and are used just like a debit card when purchasing groceries. This is an important part of our monthly income and a way to support the Center at no cost to you.

Temple Hours

The shrine room in the new temple will be open for morning meditation at 5 am and daily Puja at 7:45 am, and will remain open throughout the day until the close of evening meditation at 8 pm. Evening *arati* begins at 6:30 pm. Devotees may enter through the double doors at the main entrance to the temple or through the front door entrance to the Center. All are welcome.

Parents with small children are welcome to watch the Sunday lecture on the movie screen in the lower level of the temple while their children are free to quietly play.

Interviews

Those who would like to come to the Center for a private meeting with a resident swami or one of the visiting swamis may schedule an appointment either by phone or in person.