

Vedanta Center of Greater Washington, DC

3001 Bel Pre Road · Silver Spring, MD 20906

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October 2017 SCHEDULE

Minister: Swami Sarvadevananda

Resident Monks: Swami Atmajnanananda
Swami Brahmarupananda
Swami Chidbrahmananda



Ramakrishna Order of India

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| <p style="text-align: center;"><u>Sunday Lecture 11:00 AM</u></p> <p>1 Swami Brahmarupananda The Sage of Steady Wisdom VIII</p> <p>8 Swami Atmajnanananda “For one’s own Liberation and the Welfare of the World” I</p> <p>15 Swami Chidbrahmananda Souler Energy</p> <p>22 Meditation Retreat Please see under <u>Special Program</u></p> <p>29 Swami Atmajnanananda “For one’s own Liberation and the Welfare of the World” II</p> | <p style="text-align: center;"><u>Friday Class 8:00 PM</u></p> <p>6 <i>Gospel of Sri Ramakrishna</i></p> <p>13 <i>Bhagavad Gita</i></p> <p>20 <i>Gospel of Sri Ramakrishna</i></p> <p>27 <i>Life of Holy Mother</i></p> <p style="text-align: center;"><u>Wednesday Class 8:00 PM</u></p> <p><i>Vivekacudamani</i></p> |
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Special Programs

19 Kali Puja

6:30 pm: Evening arati and meditation

7:30 pm: Puja, flower offerings, prasad

22 Meditation Retreat

10-10:45 am: 1. Readings and meditation

10:45-11 am: Tea and coffee break

11-11:45 am: 2. Readings and meditation

11:45 am-12:30 pm: Reflection/ reading

12:30-1 pm: Lunch

1-1:45 pm: 3. Readings and meditation

Ram Nam

Ram Nam will be held at the Center on **Saturday October 7** at 7:30 PM, immediately after evening *arati* and meditation. All are invited to stay for potluck dinner following the program.

Karma Yoga

We invite you to join us Saturday mornings from 9 am to 1 pm in performing various weekly chores of the center: maintenance, gardening and landscaping, cleaning, office work, etc.

Temple Hours

The temple will be open for morning meditation at 5 am and daily Puja at 7:45 am, and will remain open throughout the day until the close of evening meditation at 8 pm. Evening *arati* begins at 6:30 pm. Devotees may enter through the double doors at the main entrance to the temple or through the front door entrance to the Center. All are welcome.

Parents with small children are welcome to watch the Sunday lecture on the movie screen in the lower level of the temple while their children are free to quietly play.

Interviews

Those who would like to come to the Center for a private meeting with a resident swami or one of the visiting swamis may schedule an appointment either by phone or in person.

Web Site

Please visit our Web Site at www.vedantadc.org. Listen to lecture recordings, see photographs of the center, and find out about upcoming events.

Social Service

The Vedanta Center participates in a volunteer program at Shepherd's Table in Silver Spring. Please let us know if you would like to take part. Service is on the third Friday of the month.

Grocery Gift Cards

We urge all of you to take part in our gift card program. Gift cards for Giant, Shopper's, and Lotte/Assi Plaza may be purchased at the Center following the Sunday lecture or during visiting hours, and are used just like a debit card when purchasing groceries. This is an important part of our monthly income and a way to support the Center at no cost to you.

Vedanta Medical Clinic

The Vedanta Medical Clinic offers free medical services to all, regardless of income level, insurance coverage, or immigration status. Hours of operation are Wednesday morning, 9 am to 12 noon, and Sunday afternoon, 2 to 5 pm. To make an appointment, please call 240-516-6726.

Swami Vivekananda: On Selfless Service

Do you love your fellow men? Where should you go to seek for God — are not all the poor, the miserable, the weak, Gods? Why not worship them first? Why go to dig a well on the shores of the Gangâ? Believe in the omnipotent power of love. Who cares for these tinsel puffs of name?

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Selfishness is the chief sin, thinking of ourselves first. He who thinks, "I will eat first, I will have more money than others, and I will possess everything," he who thinks, "I will get to heaven before others I will get Mukti before others" is the selfish man. The unselfish man says, "I will be last, I do not care to go to heaven, I will even go to hell if by doing so I can help my brothers." This unselfishness is the test of religion.

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This is the gist of all worship — to be pure and to do good to others. He who sees Shiva in the poor, in the weak, and in the diseased, really worships Shiva; and if he sees Shiva only in the image, his worship is but preliminary. He who has served and helped one poor man seeing Shiva in him, without thinking of his caste, or creed, or race, or anything, with him Shiva is more pleased than with the man who sees Him only in temples.